



Autism: Inclusion & Belonging – A Conference for Professionals working with young people across Youth Work & Youth Justice

- **Date:** Thursday 21st May 2026
- **Time:** 9.00 am – 4.00 pm
- **Venue:** Conwy Business Centre, Junction Way, Llandudno Junction, LL31 9XX
- **Cost:** Free of charge (however a charge of £20 will be made for nonattendance on the day). Lunch and refreshments are included

Join us for a full-day conference focused on practical, evidence-informed strategies to support neurodivergent young people across youth work and youth justice settings.

Suitable for Youth Workers and Managers, Youth Justice Practitioners, Social Workers working with young people, and any professional supporting neurodivergent young people

Key-note speakers in the morning include:

Colin Foley from the ADHD Foundation

Scott Jenkinson, CEO and Chief Shed Planter, Youth Shedz

A choice of afternoon workshop:

Roxy Nugent (Diversity: What You Can and Cannot Say)

Rebecca Shanks (Using the New Neurodevelopment Profiling Tool)

Jo Price (Capable Environments in Youth Settings)

Colin Foley (The Relationship Between Poor Mental Health, Lifestyle Choices & Neurodivergence)

For a booking form please contact our Admin:

- Email: admin@standnw.org
- Call: 07570583842



About the trainers:



Colin Foley is the training director of the ADHD Foundation, the largest ADHD charity in Europe. After twenty-five years as a secondary teacher and senior leader, Colin's work for the ADHD Foundation grounded in empowering teachers to deliver outstanding outcomes for children and young people with ADHD through increased awareness of the condition and through practical classroom strategies that every teacher can use at all key stages.



Scott Jenkinson is a youth work leader, speaker and CEO of Youth Shedz Cymru, with a passion for creating spaces where young people feel safe, valued and able to thrive. Drawing on both professional and lived experience, Scott speaks with honesty about leadership, community and the importance of doing youth work in ways that truly meet young people where they are. Following a late ADHD diagnosis, he has become increasingly committed to conversations around neurodiversity, helping others understand how neurodivergent leaders and young people can flourish when supported with compassion, insight and creativity.



Jo Price has worked in specialist education and residential provisions for children and adults with a diagnosis of autism and or learning disabilities for several years. She is passionate about Positive Behaviour Support (PBS), ensuring the quality of services provided by various organisations to people with a learning disability are maintained to a high standard and the prevention and reduction of restrictive practices in schools. She has recently joined the team at the British Institute of Learning disabilities (Bild) as PBS Schools Lead and is a tutor for the PBS qualifications for parents/carers.



Roxy Nugent is an International & UK National Award-Winner for her training delivery and Leadership Management skills. She has a career history spanning 35 years including UK board member experience in Mental Health. Passionate about making tangible differences in organisations and is highly motivated and engaging. Her consultancy offer to organisations is tailored to their specific organisational needs, their vision and how they can make a real positive difference to improving attitudes and retaining top talent in organisations.



Rebecca Shanks is a speech and language therapist with over 30 years' experience of working with neurodivergent children, young people and their families across a range of settings. She currently works within Conwy and Denbighshire Neurodevelopmental team and has developed the Neurodevelopmental profile as part of her role. Bec is passionate about enabling the voices of children and young people to be heard, as well as forging new and collaborative ways of whole system working which focus strongly on needs and 'what works' for children, young people and their families



Glesni Jones is a qualified Applied Behaviour Analyst, who previously worked in a special educational needs provision as part of an Inclusion Team. Her current role is the Autism Spectrum Conditions Lead Officer of Conwy and Denbighshire, which is responsible for driving the implementation of the Welsh government's code of practice on the delivery of autism services across Conwy and Denbighshire. Her background includes Trauma Informed Practice, Mental Health. She has a Master of Science in Applied Behaviour Analysis, Positive Behaviour Support as well as an Honours Bachelor's Degree in Early Years Childhood Studies. Glesni is Welsh first language.



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MORNING SESSION:

9.00 am – Registration

9.15 am – 9.30 am Welcome and Introduction by Glesni Jones (Autism Spectrum Conditions lead officer Conwy & Denbighshire)

9.30 am - 12.00 noon (includes a refreshment break from 11.00 am – 11.15 am)
Colin Foley from the ADHD Foundation

A comprehensive session on overarching strategies to support neurodivergence in young people.

12.00 noon - 12.30 pm

Scott Jenkinson, CEO and Chief Shed Planter, Youth Shedz

Scott shares his powerful personal journey — from navigating the challenges of ADHD to founding Youth Shedz, a movement built on hope, belonging, and second chances. His story is a testament to resilience, purpose, and the transformative power of lived experience.

12.30 pm – 1.15 pm Lunch

AFTERNOON SESSION:

1.15 pm – 3.15 pm One of the following workshops (booked in advance)

- 1) Roxy Neugent - Diversity: What You Can and Cannot Say
- 2) Rebecca Shanks - Using the New Neurodevelopment Profiling Tool
- 3) Jo Price - Capable Environments in Youth Settings
- 4) Colin Foley - The Relationship Between Poor Mental Health, Lifestyle Choices & Neurodivergence

3.30 pm – 4.00 pm Questions and Answers